

*Holy Communion is distributed as follows: to receive a wafer dipped in the wine, hold out two hands, or you can receive a wafer only, or a wafer and the Chalice, by holding out one hand. Hands by your side for a blessing. Please let a Sidesperson know if you need to have **communion brought to you in the pew**.*

Gluten Free wafers are available at Communion.

Sunday 21st July – Eighth Sunday after Trinity

9am at St Luke`s – Morning Prayer

10.40am at St Mary`s – All Age Holy Communion

Ephesians 2.11-22 & Mark 6.30-34,35

**Wednesday - 10am Holy Communion at St Mary`s
followed by Refreshments**

Sunday 28th July – Ninth Sunday after Trinity

9am at St Luke`s – Holy Communion

10.40am at St Mary`s – All Age Worship

Ephesians 3.14 -21 & John 6.1-21

12.30pm at St Mary`s – Baptism Service



There is a Loop System installed in both of our churches.

At St Mary`s we have an accessible toilet available in the Choir Vestry (the door opposite where you came in) with baby changing facilities.

At St Luke`s there is an accessible toilet available via the church porch.

There is a Defibrillator at both churches – see the signs in the porch for the location

To help us to cut down on paper use and printing why not download Service Orders using the QR code or at bit.ly/serviceorders

This Weekly Sheet can be viewed online at stmaryswistaston.blog

Online Worship

The 10:40am service is streamed from St Mary`s each Sunday

[YouTube.com/StMarysWistaston1](https://www.youtube.com/StMarysWistaston1) & Facebook: bit.ly/facebookstmarys

You can also join in by phone: just before 10:40am Call: 0203 051 2874

Meeting ID: 838 7878 9259 Participant ID (if asked): # Passcode: 567119

Morning Prayer on Zoom bit.ly/930mp

9:30am only Thursday this week

First Reading: Ephesians 2.11 -22

A reading from the Epistle to the Ephesians

Therefore, remember that formerly you who are Gentiles by birth and called 'uncircumcised' by those who call themselves 'the circumcision' (which is done in the body by human hands) – remember that at that time you were separate from Christ, excluded from citizenship in Israel and foreigners to the covenants of the promise, without hope and without God in the world. But now in Christ Jesus you who once were far away have been brought near by the blood of Christ.

For he himself is our peace, who has made the two groups one and has destroyed the barrier, the dividing wall of hostility, by setting aside in his flesh the law with its commands and regulations. His purpose was to create in himself one new humanity out of the two, thus making peace, and in one body to reconcile both of them to God through the cross, by which he put to death their hostility. He came and preached peace to you who were far away and peace to those who were near. For through him we both have access to the Father by one Spirit.

Consequently, you are no longer foreigners and strangers, but fellow citizens with God's people and also members of his household, built on the foundation of the apostles and prophets, with Christ Jesus himself as the chief cornerstone. In him the whole building is joined together and rises to become a holy temple in the Lord. And in him you too are being built together to become a dwelling in which God lives by his Spirit.

This is the word of the Lord.

Thanks be to God.

The Collect

Almighty Lord and everlasting God,
we beseech you to direct, sanctify and govern
both our hearts and bodies in the ways of your laws
and the works of your commandments;
that through your most mighty protection, both here and ever,
we may be preserved in body and soul;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Gospel Reading: Mark 6.30 -34,53-56

Hear the Gospel of our Lord Jesus Christ according to Mark.

Glory to you O Lord.

The apostles gathered round Jesus and reported to him all they had done and taught. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them, 'Come with me by yourselves to a quiet place and get some rest.'

So they went away by themselves in a boat to a solitary place. But many who saw them leaving recognised them and ran on foot from all the towns and got there ahead of them. When Jesus landed and saw a large crowd, he had compassion on them, because they were like sheep without a shepherd. So he began teaching them many things.

When they had crossed over, they landed at Gennesaret and anchored there. As soon as they got out of the boat, people recognised Jesus. They ran throughout that whole region and carried those who were ill on mats to wherever they heard he was. And wherever he went – into villages, towns or countryside – they placed those who were ill in the market-places. They begged him to let them touch even the edge of his cloak, and all who touched it were healed.

This is the Gospel of the Lord.

Praise to you O Christ.

Post Communion

Strengthen for service, Lord,
the hands that have taken holy things;
may the ears which have heard your word
be deaf to clamour and dispute;
may the tongues which have sung your praise
be free from deceit;
may the eyes which have seen the tokens of your love
shine with the light of hope;
and may the bodies which have been fed with your body
be refreshed with the fullness of your life; glory to you for ever.

News & Information

After church refreshments at St Mary's during August: those who make and serve the refreshments in the church hall are taking a break. For the four Sundays of August there won't be refreshments in the church hall after the service. However, on Sunday 11 August, Sarah & Mike would like to invite you to the Rectory, weather permitting, for a bring your own picnic, more details nearer the time.



"Man shall not live by chips alone!"

Men's Group – 7.30pm Friday 27 September 2024: Please join us at 'a venue to be decided' in Crewe [more info soon] for liquid refreshment and a meal. Open to all men over the age of 18. Feel free to bring male family and friends. No RSVP – see you there! Howard



Harvest Festival Celebration 2024 on Saturday 5 October 2024 at 7.30pm: Please join us at St Mary's church hall for 'pie and mash' along with a quiz and fun. There will be a choice of 3 pies – beef, chicken and vegetarian. They can be GF on request. Tickets available at church services and via the Church Office – only £15 per person. This is a ticket only event as the pies must be pre-ordered. Free puddings will be served. Bring your own drink. Talk to Howard or Sue Squirrell for more details.

Sadly, our former Rural Dean, Canon Bill Baker, has recently died, our thoughts and prayers are with his wife and family. His funeral will be held at St Andrews, Crewe, on Tuesday 23rd July at 10am. All who knew him are welcome.

Office Hours: please note the Church Office will be closed from Wednesday 17th July – Wednesday 31st July for annual Holiday (it will be open however, on Friday 19th and 26th July). We will endeavour to respond to any correspondence and messages as soon as we can upon our return. Thank you.

Dates for your dairy

- ◆ Saturday 17 August – Flower and Produce Show in the Church Hall
- ◆ Saturday 7 September – Annual Duck Race (alternative date 14th)
- ◆ 05 October Harvest Supper, 7:30pm in the Church Hall. See above.
- ◆ 06 October Harvest Sunday at both churches
- ◆ 12 October Rachael Rivers to be licensed as a Reader at Chester Cathedral
- ◆ 13 October Celebration Bring & Share for Rachael in the Church Hall

Contact Information

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All Bible readings are taken from New International Version – UK edition