

Weekly Information Sheet

Sunday 4th August 2024

Tenth Sunday after Trinity

*Holy Communion is distributed as follows: to receive a wafer dipped in the wine, hold out two hands, or you can receive a wafer only, or a wafer and the Chalice, by holding out one hand. Hands by your side for a blessing. Please let a Sidesperson know if you need to have **communion brought to you in the pew.***

Gluten Free wafers are available at Communion.

Sunday 4th August– Tenth Sunday after Trinity

9am at St Luke`s – Morning Prayer

10.40am at St Mary`s – Holy Communion

Ephesians 4.1-16 & John 6.24-35

**Wednesday - 10am Holy Communion at St Mary`s
followed by Refreshments**

Sunday 11th August – Eleventh Sunday after Trinity

9am at St Luke`s – Holy Communion

10.40am at St Mary`s – All Age Worship

Ephesians 4.25-5.2 & John 6.35,41-51



There is a Loop System installed in both of our churches.

At St Mary`s we have an accessible toilet available in the Choir Vestry (the door opposite where you came in) with baby changing facilities.

At St Luke`s there is an accessible toilet available via the church porch.

There is a Defibrillator at both churches – see the signs in the porch for the location

To help us to cut down on paper use and printing why not download Service Orders using the QR code or at bit.ly/serviceorders

This Weekly Sheet can be viewed online at stmaryswistaston.blog

Online Worship

The 10:40am service is streamed from St Mary`s each Sunday

[YouTube.com/StMarysWistaston1](https://www.youtube.com/StMarysWistaston1) & Facebook: bit.ly/facebookstmarys

You can also join in by phone: just before 10:40am Call: 0203 051 2874

Meeting ID: 838 7878 9259 Participant ID (if asked): # Passcode: 567119

Morning Prayer is taking a break until September.

In the meantime there is the

Church of England Daily Prayer at bit.ly/cofeprayer

First Reading: Ephesians 4.1-16

A reading from the Epistle to the Ephesians

As a prisoner for the Lord, then, I urge you to live a life worthy of the calling you have received. Be completely humble and gentle; be patient, bearing with one another in love. Make every effort to keep the unity of the Spirit through the bond of peace. There is one body and one Spirit, just as you were called to one hope when you were called; one Lord, one faith, one baptism; one God and Father of all, who is over all and through all and in all.

But to each one of us grace has been given as Christ apportioned it. This is why it says:

‘When he ascended on high, he took many captives and gave gifts to his people.’

(What does ‘he ascended’ mean except that he also descended to the lower, earthly regions? He who descended is the very one who ascended higher than all the heavens, in order to fill the whole universe.) So Christ himself gave the apostles, the prophets, the evangelists, the pastors and teachers, to equip his people for works of service, so that the body of Christ may be built up until we all reach unity in the faith and in the knowledge of the Son of God and become mature, attaining to the whole measure of the fullness of Christ.

Then we will no longer be infants, tossed back and forth by the waves, and blown here and there by every wind of teaching and by the cunning and craftiness of people in their deceitful scheming. Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.

This is the word of the Lord.

Thanks be to God.

The Collect

Lord of heaven and earth, as Jesus taught his disciples to be persistent in prayer, give us patience and courage never to lose hope, but always to bring our prayers before you; through Jesus Christ our Lord. **Amen.**

Gospel Reading: John 6.24-35

Hear the Gospel of our Lord Jesus Christ according to John.

Glory to you O Lord.

Once the crowd realised that neither Jesus nor his disciples were there, they got into the boats and went to Capernaum in search of Jesus. When they found him on the other side of the lake, they asked him, 'Rabbi, when did you get here?'

Jesus answered, 'Very truly I tell you, you are looking for me, not because you saw the signs I performed but because you ate the loaves and had your fill. Do not work for food that spoils, but for food that endures to eternal life, which the Son of Man will give you. For on him God the Father has placed his seal of approval.'

Then they asked him, 'What must we do to do the works God requires?'

Jesus answered, 'The work of God is this: to believe in the one he has sent.'

So they asked him, 'What sign then will you give that we may see it and believe you? What will you do? Our ancestors ate the manna in the wilderness; as it is written: "He gave them bread from heaven to eat."^[a]

Jesus said to them, 'Very truly I tell you, it is not Moses who has given you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is the bread that comes down from heaven and gives life to the world.'

'Sir,' they said, 'always give us this bread.'

Then Jesus declared, 'I am the bread of life. Whoever comes to me will never go hungry, and whoever believes in me will never be thirsty.'

This is the Gospel of the Lord.

Praise to you O Christ.

Post Communion

God of our pilgrimage, you have willed that the gate of mercy should stand open for those who trust in you: look upon us with your favour that we who follow the path of your will may never wander from the way of life; through Jesus Christ our Lord. **Amen.**

News & Information

There will be no after church refreshments at St Mary's during August.

However, there will be a Picnic at the Rectory (104 Church Lane) on Sunday 11 August straight after St Mary's Service. Sarah & Mike invite you to join them for a picnic. Please bring your own food, drinks, picnic glasses, a camping chair or rug, all the things you would normally take on a picnic.

Rachael and Revd Mike are running a Prayer Workshop at St Luke's with a view to help and encourage people to lead prayers within our services. It is on Saturday 7 September, 10am to 12 noon. If you are interested in joining them, please let one of them know.



Men's Group – 7.30pm Friday 27 September 2024: Please join us at 'a venue to be decided' in Crewe [more info soon] for liquid refreshment and a meal. Open to all men over the age of 18. Feel free to bring male family and friends. No RSVP – see you there! Howard



Harvest Festival Celebration 2024 on Saturday 5 October 2024 at 7.30pm: Join us at St Mary's church hall for 'pie and mash' along with a quiz & fun. There will be a choice of 3 pies – beef, chicken and vegetarian. They can be GF on request. Tickets available at church & the Church Office – only £15 per person. This is a ticket only event as the pies must be pre-ordered. Free puddings will be served. Bring your own drink. Talk to Howard or Sue Squirrell for more details.

EasyFundraising: we hit a total of over £3000 raised this week. Thanks to all who support us this way, it costs you nothing, please consider using it for online and click and collect, visit here for more info: bit.ly/stmaryseasyfundraising

Dates for your dairy

- ◆ Saturday 17 August – Flower and Produce Show in the Church Hall
- ◆ Saturday 7 September – Annual Duck Race (alternative date 14th)
- ◆ 05 October Harvest Supper, 7:30pm in the Church Hall. See above.
- ◆ 06 October Harvest Sunday at both churches
- ◆ 12 October Rachael Rivers to be licensed as a Reader at Chester Cathedral
- ◆ 13 October Celebration Bring & Share for Rachael in the Church Hall

Contact Information

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All readings are taken from New International Version – UK edition